U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No. 1215-0188
Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

For Official Security READ THE INSTRUCTIONS CAREFUL READ THE INSTRUCTIONS CAREFUL	LY BEFORE PREPARING THIS REPORT.
1. File Number U - 06344	2. Fiscal Year Covered From:
	1 / 1 / 2005 Through: 12 / 31 / 2005
3. Name and address of person filing.	4. Name, file number, and address of labor organization.
Name Mark A Gardner	Name National Postal Mail Handlers Union
	Labor Organization File Number 000-505
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any
Street 1101 Connecticut Ave, NW #500	Street 1101 Connecticut Ave, NW Suite 500
City Washington	City Washington
State District of Columbia ZIP Code + 4 20036	State District of Columbia ZIP Code + 4 20036
5. Position in labor organization. National Secretary-Treasurer	
Enter appropriate data below If, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions): A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.	
6. Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.
Name	
Trade Name, if any:	
P.O. Box, Bldg., Room No., if any	7.b. Amount.
Street	
City	
State ZIP Code + 4	
Signature	
15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)	
Signed Work of Jacks	On 05/14/2006 2028339095 Date Telephone Number
	Telephone Number

Name of Person Filing Mark Gardner	File Number U- 06344
B. Held an interest in or derived income or economic benefit with monetary substantial part of which consists of buying from, selling or leasing to, or ot of an employer whose employees your labor organization represents or is a (2) any part of which consists of buying from or selling or leasing directly or dealing with your labor organization or with a trust in which your labor organization.	therwise dealing with the business actively seeking to represent, or r indirectly to, or otherwise
8. Name and address of Business (including trade name, if any). Name First Health Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 3200 Highland Avenue City Downers Grove	9. Business deals with: a. Labor Organization b. Trust c. Employer
State Illinois ZIP Code + 4 60515 10. If 9.b. or 9.c. is checked give trust or employer's name. Name Trade Name, if any: P.O. Box, Bldg., Room No., if any Street City State ZIP Code + 4	11.a. Nature of such dealing. Underwriter and Administrator of health plan 11.b. Approximate dollar value of such dealing. 12.a. Nature of interest held or income received. (see attached)
	12.b. Arnount. 0 pprox \$1210
C. Received from any employer (other than an employer covered upon from any labor relations consultant to an employer any payment of mo	
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Trade Name, if any: P.O. Box, Bldg., Room No., if any Street City	14.a. Nature of payment.
State ZIP Code + 4	14 h Amount of norment
13.b. Is the Business an Employer or Consultant?	14.b. Amount of payment.

2005 Calendar Year – File Number U-06344

ī

January 11, 2005 – dinner meeting (estimated value \$50)

January 15, 2005 – dinner meeting (estimated value \$65)

February 16-17, 2005 – Health Plan Partnership Conference (self and spouse)

- two nights lodging (estimated value \$375)
- attendee group activity (estimated value \$90)
- group breakfast for self (estimated value \$25)
- group lunch for self (estimated value \$30)
- two group dinners for self and spouse (estimated value \$250)
- attendee gift (picture frame) (estimated value \$30)

March 4, 2005 – dinner meeting (estimated value \$65)

March 21, 2005 – lunch meeting (estimated value \$40)

October 6-9, 2005 – Health Plan Conference

- two group breakfasts (estimated value \$50)
- two group lunches (estimated value \$60)
- group reception (estimated value \$50)
- group dinner (estimated value \$65)
- attendee gift (carry bag) (estimated value \$25)